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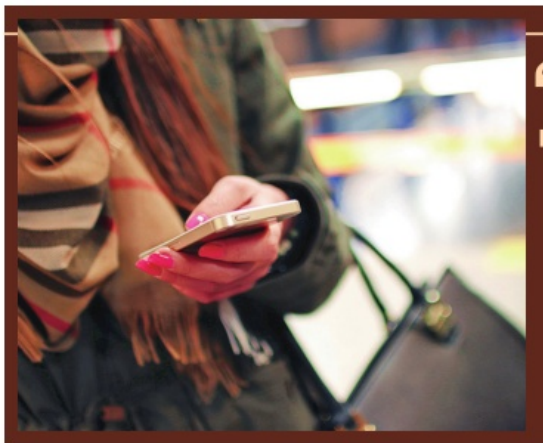
Bangalore Mirror

TEMP Max 32 | Min 17 | Humidity 84% Mainly Clear sky Sensex 60,806 | Nifty 17,893 | Gold 57,710 | Silver 71,350 | Dollar 82.51 | Euro 88.98 | GBP 100.17

CITY / PAGE 4

LAKE PLEA

Avalahalli waterbody's flora, fauna in dire need of care



CITY / PAGE 3

'SEXTORTION' THREAT

Citizens urged to refrain from exchanging sensitive content

In a first, civic body floats tender to set up toilets for specially abled in Agaram and Vannarpet wards

ACCESS ABLED

Citizens want disabled friendly toilets in all wards

Iffath Fathima
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TWEETS @BangaloreMIRROR

Bengaluru is still far away from becoming a friendly city for specially abled individuals, with no proper infrastructure provided during their visits to shopping complexes, malls, banks or even to access public services like the metro, buses or trains.

However, the Bruhat Bengaluru Mahanagara Palike (BBMP) is now coming forward to provide public toilets for the specially abled.

BBMP executive engineer, Shantinagar division, invited tenders from eligible contractors for the construction of two toilets in Agaram (ward no. 180) and Vannarpete (ward no. 184) — toilet facility near Mayabazar in Agaram ward would be provided Rs 18.80 lakh and Rs 15 lakh will be provided for the facility along Sonnenahalli Main Road in Vannarpet.

"This is a new project from the BBMP. Tenders have been called; the contractors should submit the bids by February 22. We will create a ramp for the entrance to the toilet and then make specially designed toilets, which will be easy to access and will ensure safety of specially abled individuals. We will also provide sinks which are lower in height which can be easy to access," the executive engineer told BM.

The engineer pointed out that measures like installing a taller toilet bowl and raising the height of toilet seat and attaching bars alongside for support will be kept in mind and designed accordingly. The toilet papers also will be placed in a way which can be easily reachable.

"BBMP is ensuring that more public toilets are added and well

CONTINUED ON PAGE 9 »

> **"Currently there are no disabled friendly toilets available... focus should not just be on building one or two toilets but many**
>
> —Prateek Khandelwal, founder, RampMyCity

Trash on fire at govt vet hospital

Dry leaves, other waste including plastic accumulated on premises set ablaze

Y Maheswara Reddy
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TWEETS @BangaloreMIRROR

State government departments and Bruhat Bengaluru Mahanagara Palike (BBMP) offices situated at different locations across the city are supposed to be role models for residents, private hospitals and business establishments in implementing the ban on burning waste at public places.

Government departments do violate the ban as the case in point that follows: It seems as though the staff assigned to keep the Government Veterinary Hospital on Queen's Road clean and neat are either lazy or irresponsible. They did not care to recycle the dry leaves or hand it over to the BBMP's garbage auto tippers. They found an easy method: burn dry leaves and other waste including plastic accumulated on the premises.

This correspondent, while passing through the Queen's Road-Thimmaiah Road Junction on Wednesday evening, noticed smoke emanating from the Government Veterinary Hospital premises. Upon entering the hospital premises, dry leaves and plastic sheets, bottles

CONTINUED ON PAGE 9 »

3 THINGS TO DO

01 Flower fest

Lulu Mall, Rajajinagar, is back with the second edition of Lulu Flower Fest in Bengaluru – a one-of-its-kind flower festival. Leading Kannada film actress, Ganavi Laxman and popular Kannada playback singer and actor, Aditi Sagar, who are a part of Shiva Rajkumar's milestone 125th movie - Kannada action-drama, Vedha, are all set to inaugurate the Fest at Lulu Mall, Bengaluru on Friday. The mall has been beautifully done up with a cherry blossom themed décor complete with cherry blossom installations, apart from a floral arch and several striking 15-feet high cherry blossom trees.
Where: Lulu Mall, Rajajinagar
When: February 10-14

02 Social enterprise mela

Azim Premji University will unveil the first edition of its "Social Enterprise Mela". This day-long event seeks to provide a platform for social sector enterprises and incubators to share experiences and exchange ideas with students across colleges and universities. The event will host panel discussions and an exhibition that will display products from self-help groups and university students. **Where: Azim Premji University, Sarjapur; When: February 10**
Info: https://azimpremjiuniversity.edu.in/social-enterprise-mela

03 Tell a tale

Ranga Shankara's signature storytelling program, Little Cloud is back post the pandemic. A series of intimate storytelling sessions will be held for children of the age group 4-6 years on Saturdays and Sundays at the venue in multiple languages by multiple artists. Tickets are available at the Ranga Shankara Box Office.
Where: Ranga Shankara; When: Ongoing, 10:00 am – 11:00 am; Phone: 080 2649 3982

Failed, passed: Story of a kid's testing time

UKG student gets less than pass marks; school calls it technical snag

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A UKG student being failed by a private school has fuelled the debate on the detention policy.

While parents say that they were shocked to hear of their child's failure, the school has claimed that the result was due to a technical snag.

Recently, the UKG student's father had taken to social media stating, "The school has shown the result of my daughter failing. We have approached the school management who has refused to do anything in the matter. The principal trustee revealed that as no other parents have objected to such things, they can't do anything for a single child."

As the news became viral, Anekal Block Education Officer (BEO) Jayalakshmi sought a clarification from the school after issuing a notice.

Reacting to this, Saju Chittadiyil, Principal, St Joseph Chaminade Academy, Deepahalli said, "We have not failed any student. We are in the middle of the year and there is no question of passing or failing. The said student was not able to answer the questions and was given a minimum mark. The software we are using has set the parameters of pass or fail based on 35 per cent as the pass mark. Since the child received less than 35 per cent in one subject, the mobile app showing it as failed. "

According to him, as soon as the parent of the child brought the issue to their attention, they contacted the school software company and asked them to change the word 'fail'. The parents also have received a physical progress report from the school when he/she came for the parent teacher meeting.

In that progress report, there is no mention of failure. "We have called the parents on two different occasions to the office to explain this and they were not willing to come to the school office."

Development Educationist Niranjanaradhya VP said that the incident shows the ignorance and lack of pedagogical understanding of the school head as well as the management

> **"The parents have been given a progress report which says the child has passed**
> – Saju Chittadiyil, Principal, St Joseph Chaminade Academy

about the learning process. Failing a child of UKG of age 5 is the violation of section 16, 17 and 29 of the RTE Act.

The RTE Act provides for putting in place a continuous and comprehensive evaluation procedure – a procedure that will be non-threatening, releases the child from fear and trauma of failure and enables the teacher to pay individual attention to the child's learning and performance.

According to him, there is no study of research that suggests that the quality of the learning of the child improves if the child is failed. In fact, more often than not the child abandons school/learning altogether.

If a child fails (saying the child had failed itself is nonsense) after attending the school for a year, it is the failure of the school, teachers and management. "They need punishment and should return whatever they have collected as fee and other charges for providing education for the child. It is a case for consumer court."

Artworks that are being set in stone

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A special stone fair is being held in Bengaluru to help unite different artisans, designers, consumers and stakeholders. Artisans from different states will come forward and showcase their work in sculptures. STONA 2023, a flagship initiative of the Federation of Indian Granite & Stone Industry (FIGSI) will unfold its 15th edition in Bengaluru between February 15-18 at the Bangalore International Exhibition Centre (BIEC).

Delegates from different countries like China, Turkey, Iran, Sweden will also participate in the fair even multiple individual exhibitors will be participating in the fair from various countries.

India is said to be a home to the second largest deposit of natural stones in the world, housing 15 per cent of the world's natural stone reserves, equivalent to 46.23 billion cubic metres. The country is also one of the top five granite producing countries, along with China and Brazil. It stands in third position in the world natural stone trade, employing two million people.

The latest technologies in quarrying, in terms of cutting, drilling, handling, has improved the country's production, ensuring less environmental damage and safe quarrying. The investment in stone industry for people has been a major profit, and the upcoming 15th edition is set to generate business of Rs 1,000 crore of natural stones of India, with a lot of new machinery in the sector being introduced.

Manoj Kumar Singh, Chairman, STONA and Vice-President FIGSI stated, "We have invited around 30 stone artisans from across the country to participate in our program Shilpgram. These participants will exhibit their sculptures and skills in STONA 2023 where they have the opportunity to connect with customers, both from within the country and across the globe."

The mela will help empower stone artisans from all over India

S Krishna Prasad, General Secretary, FIGSI said, "We have successfully created maximum awareness in the international stone markets for exotic Indian stones and brought about continuous interaction between Indian ornamental stone industries and World Stone Trade. We have also signed MoU with Korean Stone Association. This will bring about direct, credible channels of communication between the two associations for improving technology and propelling the natural stone industry forward."

3 ivory 'collectors' arrested, artefacts seized

Artefacts made out of elephant ivory were recently seized in an operation by the Forest Traffic Division in Bengaluru. All the accused have been arrested.

The arrested have been identified as Lokesh Jadu, Manmohan Singh Chauhan, and Gulabchand Prajapat, who are natives of Rajasthan. Police have seized seven rings made of ivory.

During the interrogation, it was revealed that Lokesh had a hobby of collecting ivory in Rajasthan. He admitted that his accomplices Singh and Chand came to sell them as they wanted more money.

A case has been registered under Protection Act, 1972 and an investigation is being carried out by police.

Former corporator arrested

Meanwhile, police have arrested former corporator of Mangammanapalya ward, Jagdish, for allegedly encroaching upon Bangalore Development Authority (BDA) land and causing loss to the government's coffers.

The Bengaluru Metropolitan Police Task Force (BMTF) arrested the former corporator after he allegedly seized property belonging to the BDA.

There was an allegation that he was creating a private compound right on the road and disturbing the flow of traffic. Later. BMTF inspected the spot along with BDA officials and took him in custody on the basis of a complaint.

11 held in drug raid

Bangalore City CCB Narcotics Control Unit, continuing its operation against drug gangs, were collecting information about people who were supplying banned drugs to known clients, students, IT/BT employees in Madiwala, Banasawadi, Suddaguntepalya, KR Puram, and Bandepalya police station limits over the last month.

A total of 11 people, including two Tanzanian nationals, were arrested, and police seized 926.45 grams of MDMA crystals worth Rs 1,34,60,000. The police also seized 117 MDMA XTC pills weighing 50.95 grams, LSD, hashish oil weighing 83.37 grams, and 10 mobile phones used to supply drugs. **–BMB**

'Sextortion' threat looms over city

Police urge citizens to refrain from exchanging sensitive content on social media

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TWEETS @BangaloreMIRROR

'Sextortion' refers to blackmailing a person with intimate or sensitive images or videos of them. Most of the time, it is done to extort money or demand other favours from the victim. Such cases are witnessing a concerning rise in Bengaluru.

A week ago, a techie was arrested by city police for luring young women into his trap by blackmailing them with their private videos.

According to the police, the man had 208 such videos of young women on his phone. They said that there were 60 tapes in which the accused had recorded video calls between himself and the victims. This is not an isolated incident. Aishwarya (name changed to protect identity) recently filed a police complaint regarding a sextortion case. She said that a man was threatening her and asking her for money after initially pretending to be a woman and exchanging private media with her.

"I made a friend on Instagram and we were sharing private videos with each other. I thought the person on the other side was a woman. Later, the person started threatening me and I got to know that this is a man. He was blackmailing me by saying that if I didn't give him Rs 2 lakh, he would share my private videos on a pornographic site. Scared by the threat, I did send him some money, but later, when I wasn't able to pay the entire sum, he said he would come to my house and show the video to my parents," she said.

> **We already have a system in place, and anyone who is facing such threats can call 112. We have a dedicated cell called CIR for such cases** –Sharanappa, CCB Joint Commissioner

CCB Joint Commissioner Sharanappa said that in most of the cases recorded, the accused was known to the victim.

"We are making sure that swift action is taken with regard to whatever cases are getting reported. We have noticed that in most cases, the victim has shared some pictures and videos with the accused. The accused is usually already known to the victim. One precaution that everyone should take is to not exchange private pictures on social media," he said.

The police are also identifying the apps and accounts that are repeatedly being used in sextortion cases.

"We are keeping a tab on these accounts which are suspected to be involved with these activities. We already have a system in place, and anyone who is facing such threats can call 112. We have a dedicated cell called CIR which responds to any such notices within eight to nine minutes," he added.

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Avalahalli Lake's flora, fauna in need of care

Home to over 25 bird species, this water body is being affected by trash inflow

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Spread across 23 acres, the beautiful Avalahalli Lake is native to several species of birds. However, at the same time, the condition of the water body has been deteriorating due to the entry of sewage. Panchayat officials have been trying to preserve the lake.

Recently, a group of environmentalists inspected the lake and found that intervention is required for its development, which is why they made some recommendations to officials in charge of its maintenance.

The Green circle, a registered volunteer group that was started in 2002 by a group of environmental activists, had the desire to protect the environment from degradation. The Avalahalli Lake Committee members of Green Circle inspected the lake and counted over 25 species of birds. In order to preserve the biodiversity and their habitat, they listed out suggestions and submitted a letter to Damodhar, Panchayat Development Officer, Singanayakanahalli Panchayat.

The Green Circle volunteer team said that workers (above) must be clearly instructed and supervised on things such as weed removal

The volunteer team pointed out that de-weeding, desilting, and cleaning of inlets and outlets must be done at the earliest. "It has been observed that the clogging of inlet pipes is due to trash and plastic waste being dumped there. This is impeding free flow of water. Plastic waste from the roadside is also making its way into the lake. Secondly, sewage needs to be treated in a better way. Increased organic content in the water is accelerating the growth and spread of algae, which will damage the water body by the process of natural eutrophication," said V Selvarajan, Secretary, Green Circle.

The members stressed on carrying out de-weeding in a scientific way by not affecting the aquatic plants. "Aquatic plants are essential for the ecosystem. They should not be removed. The workers must be clearly instructed and supervised. Currently, alligator weeds that are removed are being dumped and dried on the embankment. They should be removed. At the same time, there is a need to protect the existing aquatic plants and some dead trees that are used for perching and nesting by the birds," added Selvarajan.

The team also said that the walking track in the bund area should not be cemented as it would prevent percolation of water. They also said that planting native trees and bringing in local flora and fauna would propagate the right ecosystem. Some non-indigenous trees are reportedly dying due to termite infestation.

There is also a proposed hospital in the vicinity and the members said that it should not be allowed to be constructed in the buffer zone.

> **"It has been observed that the clogging of inlet pipes is due to trash and plastic waste being dumped here. It is impeding flow of water**
> – The Green Circle volunteer team

This apart, electrical lights along the walking track would affect bird life and the ecosystem. The environmentalists suggested taking care of the needs of nocturnal species so that they do not move out and create an imbalance. It may also attract vandals to use the lake area for illegal activities, they added.

"All these suggestions must be taken up by the officers so that they can protect the natural ecosystem. Groundwater will also get recharged. There also needs to be a guard appointed to prevent any illegal activities at the lake," Selvarajan further said.

Sankey flyover plan: 'Citizens deserve transparency'

The Bruhat Bengaluru Mahanagara Palike (BBMP) was expected to submit all the documents along with the Detailed Project report (DPR) of the proposed Sankey Flyover project to the Bengaluru Metropolitan Land Transport Authority (BMLTA) a week ago. However, according to officials from the Directorate of Urban Land Transport (DULT), the agency currently working as the secretariat office of the BMLTA, the documents have not reached their office.

"We are awaiting the documents, but have not received them yet. The BBMP officials have intimated us that the documents should reach us by Friday at the latest," said Manjula Vinjamuri, commissioner, DULT.

The delay in submission of the documents has irked members of Citizens for Sankey, a citizen group putting up a brave fight against the proposed project. "We feel deceived by the BBMP for claiming to have referred the Sankey Flyover project to the BMLTA, only to find out that they have not. Citizens deserve better and transparency is important. The fact that information has been withheld from BMLTA is troubling," said Kimsuka Iyer, a resident of Malleswaram.

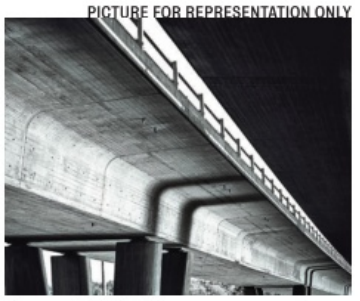
Residents said that they have been informed by DULT officials that multiple reminders have been sent to the Palike over the past week.

"At least two reminders from DULT have gone to the BBMP officials for the documents. We met the local MLA a week ago and he mentioned that the documents have already gone to BMLTA. However, DULT officials have confirmed that no such submission has happened. We would also like to have a better understanding of the timeline for this project. Everything is up in the air now. Moreover, it appears that BBMP is using BMLTA as an excuse without doing anything about it," said Preeti Sundarajan, another resident. BS Prahalad, Chief Engineer (Road and Infrastructure), BBMP, told Bangalore Mirror, "We have sent all the documents along with the DPR of the proposed Sankey Flyover. It should reach the DULT office any time."

Majority against project

In a public poll conducted by the Sadashivnagar Residents Welfare Association recently, over 90 per cent of the residents from the area voted against the project. The poll was conducted to know whether the residents of Sadashivanagar were for or against the proposed Flyover.

PICTURE FOR REPRESENTATION ONLY



"As many as 90.3 per cent of the locals have said that they are against the flyover and 9.7 per cent are for it. Based on this survey, and more importantly, a need for holistic development and traffic management, we have submitted a petition to the MLA for further action," informed a representative of the association.

— BMB

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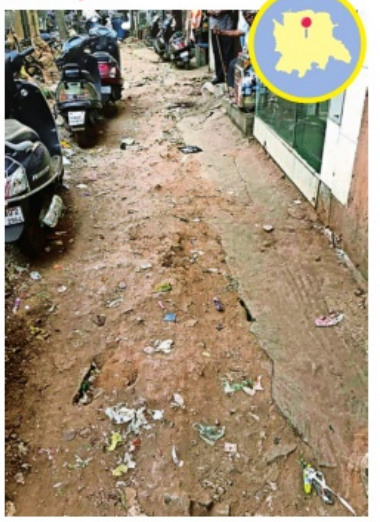

The state of the road in 10th cross RT Street, near Jodhpur Sweets, Chickpet is very poor.

Encroachment?

RPC Layout

The narrow (30 feet) service road near Kalyan HBCS, RPC Layout has been blatantly encroached.

Move the cars

BTM Layout

There are abandoned cars lying around in BTM 2nd stage, 3rd Cross.

Cops' side of story: Body cam to rescue

Footage negates couple's claims that they were stopped by traffic cops en route to hospital, and woman fainted on the spot

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TWEETS @BangaloreMIRROR

Traffic police have refuted allegations made recently by a couple about harassment to pay a fine despite highlighting a medical emergency. Body cameras worn by traffic officials show that the allegation is baseless and further investigation of the medical record reveals that was completely falsified.

In what can be seen as a case for wearing body cameras, traffic officials have been able to refute the allegations made by the couple using evidence from the camera. The couple had alleged that the traffic cops near Sangam Circle demanded Rs 5,000 for pending challans while they were en route to the hospital. While the man went home to take the amount demanded by traffic, the wife is said to have collapsed. The couple said they requested the cops to reduce the fine amount as it was being earmarked for their hospital treatment. Later, the couple's son filed a complaint with Jayanagar Police Station against the officials and insisted on action against them.

However, the footage recovered from the body-worn cameras by the officials at the time of the incident tells a different story. Traffic officials say that as per the footage, the woman had not collapsed.

"The incident happened on February 2, when a special drive was being conducted for helmetless driving. Around 11:40 am, they had come to Sangam Circle with the pillion rider not wearing a helmet. The couple was asked to pay the fine and when the vehicle number was checked, there were pending fines amounting to Rs 5,000. As the couple started contesting the fines, the ASI issued a notice and asked them to pay it within eight days. The couple was asked to provide original documents of the vehicle until the challan is paid," said DCP West (Traffic) Kuldeep Kumar. He added that the couple's son also later requested that they be exempted from paying the fines but the police insisted they pay up. "The lady is a house help and she called the owners of the house they work at. The owners insisted that the notice be issued to their house, but they had already changed their house address twice," he said.

Kumar added that the body cam shows that the owners paid the fine via a phone app and the couple then walked away and rode off.

"The body-worn camera shows that the couple was headed for house help work. The footage shows her carrying tiffin boxes," he added.

However the next day, the couple's son gave a complaint that the woman had fainted on the spot and had requested for exemption on medical grounds. "Added to the request letter highlighting the same, he had also attached medical records from Jayanagara General Hospital stating a condition of high blood pressure and diabetes. We took the request on February 3 and revealed by February 4 that their claims are baseless. The conduct of our traffic officials was impeccable and as per standards. We invited the couple to view the footage at Jayanagara Police Station as well," he added.

Traffic officials verified the medical records from the hospital and found that they were issued on February 3, a day after the incident. But, officials are not sure if any action will be taken against the couple.

> **As the couple started arguing, the ASI issued a notice and asked them to pay it in 8 days** –Kuldeep Kumar, DCP

HC seeks report on flexes by Mar 6

The High Court of Karnataka on Thursday directed the civic bodies Bruhat Bengaluru Mahanagara Palike (BBMP) and Bangalore Development Authority (BDA) and the State Government to submit a comprehensive report before March 6 on the action taken on illegal hoardings and banners across the Bengaluru city.

The Division Bench of Chief Justice Prasanna B Varale and Justice Ashok S Kinagi was hearing a public interest litigation filed by Mayige Gowda, a resident of Bengaluru. His advocate pointed to the putting up of several illegal hoardings across the city and submitted photographs of some of them before the court.

After studying the photographs, the court observed that "bare perusal of photographs shows that some of the hoardings are causing obstruction to traffic movement." The PIL was filed in 2018 alleging that the BBMP and State government had failed to implement the Karnataka Open Places (Prevention of Disfigurement) Act.

"Even after more than three years of issuance of circular, the illegal erection of hoardings is rampant and on the rise," the HC said before ordering for the report to be submitted.

The court on Thursday directed that the report should cover the issues of periodical checks on the erection of illegal hoardings, action taken against it and action taken against officers found to have committed dereliction of duty in preventing illegal hoardings.

On Thursday, senior advocate Vikram Huilgol submitted to the court that the civic agencies have failed to follow the directions of the high court issued earlier. The HC adjourned the case to March 7. **PTI**

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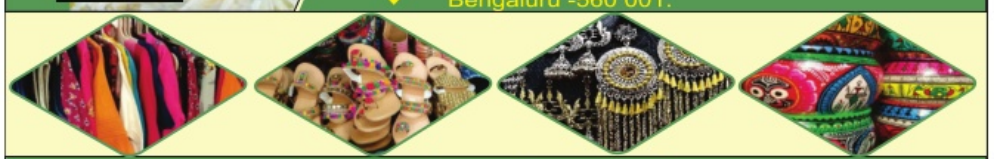

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Hotels break covid curse with VIP events

Back-to-back high-profile events in Bengaluru have hotels fully booked; employees and owners are finally breathing easy

Bangalore Mirror Bureau
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TWEETS @BangaloreMirror

The hospitality sector, which had been financially hit since the Covid outbreak, has been given a new boost in 2023 as Bengaluru is playing host to a number of high-profile events.

According to Bruhat Bengaluru Hotels' Association president PC Rao, most of the hotel rooms are booked in Bengaluru as the city is hosting big-ticket events like India Energy Week, G20 meet and Aero India.

As a result, almost all the hotel rooms in five-star categories have been booked. In case of three-star hotels, 85 per cent of rooms have been booked already.

"As the hotels follow a dynamic pricing, the room tariff has increased. Going by the current demand and supply, we foresee that there is a requirement of at least 10,000 hotel rooms in the near future. The increase in demand will also bring in new investment," he said.

A representative of a premiere hotel said that usually, hotel bookings would be for the holiday season or wedding season. However, this year, as important events are being hosted, the organisers are booking the high-end hotels as they are expecting guests from other cities and countries. Such events were a clear indicator that they needed to have more events which would sustain the momentum in the hospitality sector.

"During Covid, many were scared to enter hotels due to the infectious nature of the disease. Even the State Government had put restrictions like the events till 1 am and making masks mandatory. Now, thankfully as Covid is at an all-time low, we are hoping for a revival in the hospitality sector," he said.

> **As covid is at an all-time low, we are hoping the hospitality sector will revive**
>
> –a hotel representative

Counting down to Aero India

The stage is set for Aero India. The full-dress rehearsal for the biennial event will be held from Saturday at Yelahanka Air base. This year marks the 14th edition of the exhibition since its inception in 1996 and provides an opportunity to the industry to showcase its capabilities, products and services in a total area of around 35,000 sqm.
In this edition of Aero show, a total 731 exhibitors have participated across the world. The five-day event will be inaugurated by Prime Minister Narendra Modi on Monday. The inaugural includes aerial displays by aircrafts along with a large exhibition and trade fair of aerospace companies.

personal

CHANGE OF NAME

I, MANJULA M W/o Nagendra S residing at No.251/1, Saptha giri Nilaya, 2nd Main, 2nd Cross, 31 E Bus Stop, Byrappa Block, Bangalore-560028 have changed our minor son's name from ABHYAN N to VAIBHAV PRERAN N vide affidavit dated 02.02.2023 before notary Hegde Ganapati Venkatraman, B.lore.

I, ANJALI, R/a, #168,1st Cross, GNR Regency Park, Bhakta Maruti Layout Road, Maragondanahalli, Bangalore-560036. I, have changed my name to ANJALI HARISH , Vide affidavit dated 08/02/2023, Sworn before Notary: M. Rajendra, Bangalore

I Thakar Kishan Bhagavtiprasad S/O, Bhagavtiprasad R/o #108, Ganga Block, Sai Shakti Layout, Bettadasanpura Electronic City 560068 have changed my name to Thakar Kishan Kumar Bhagavtiprasad

I, HARISH, R/a,#168,1st Cross,GNR Regency Park, Bhakta Maruti Layout Road, Maragondanahalli, Bangalore-560036. I, have changed my name to HARISH KULLAYAPPA, Vide affidavit dated 08/02/2023, Sworn before Notary M. Rajendra, Bangalore

I Shakeel Ahammad Ranebennur S/O, Mahammad Iliyas R/o 76 Laxmi Nilayam, 2nd Floor, 5th Cross, Ramchandrapuram Main Road, Patelpille Gowda Layout, Jalahalli East, Bengaluru - 560013 have changed my name to Shakeel Ahmed Ranebennur

I, Rajashekhar Somannavar R/o #306, Parvatha Krishna Homes, Gubbalala village, Subramanyapura post, Bengaluru 560061, have changed my name to Rajashekhar Shivalingappa Somannavar (Rajashekhar S Somannavar) Affidavit Dt.09/02/2023 notary Ganesh Gowda M.V, B'luru

I, MOHAMED MUJEEBULLAH, R/a, #421, 4th Main, 5th Cross,2nd Block, HRBR Lyt, Bangalore-43. I, have changed my name to MOHAMMED MUJEEBULLAH vide affidavit dated 08/02/2023, sworn before notary: M. Rajendra, Bangalore

I, Saritha W/o MuniReddy Bandahally Nareppa R/o A001, Omkar Sarovar Apts, 3rd Main, Pappu Cottage Road, Sakamma Garden, Basavanagudi, B'lore-560004 have changed my name to Saritha Reddy

I, Vijai kumar nigam, S/o Om prakash nigam, R/O 11211 Sobha Silicon Oasis, Beratena Agrahar, Hosa road,Electronic city, Bangalore- 560100, have changed my name to Vijai Kumar Nigam for all future purposes.

I, Subhiksha Giri R/o B 308, Parimala Skyview, ITPL Main Road, HopeFarm, Whitefield, Bangalore-560066 have changed my name to Subhiksha Giri Rao.

I, Aditya, S/o Girish Kumar Lal, N-213, Hostel Blocks, IIM Bangalore, Bannerghatta Road, 560076, have Changed My Name To Aditya Adarsh for all future purposes.

I Vaishnavi Mailapur W/O, Ravichandra Mailapur R/o Flat 005 Malibu Rivona Apartment Green Glen Layout Bellandur - 560103 have changed my name to Vaishnavi Soodam

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A namesake, a twist of fate, and a happy ending

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

What are the chances that a namesake turns out to be your saviour?

A 35-year-old blood cancer survivor might have an answer.

It was a surreal moment for Mandeep, a blood cancer survivor, when he met his stem cell donor for the first time.

As fate would have it, the two also happen to share the same name.

The rendezvous was at an event organised by DKMS BMST Foundation India, to mark World Cancer Day.

Mandeep, a 35-year-old farmer from Punjab, was diagnosed with Chronic Myeloid Leukemia in 2009.

Though he was advised for a stem cell transplant, he could not find a Human Leukocyte Antigen (HLA) matched stem cell donor within his family. Mandeep had to wait for over three years before an HLA matching unrelated donor was identified with the help of DKMS BMST Foundation India and he underwent stem cell transplant in January 2020.

"I was healthy and doing well, when suddenly everything just crashed. After a colossal struggle of over a decade against cancer, my struggle ended when a matching unrelated donor was identified with the help of DKMS-BMST. I was treated by Dr Dinesh Bhurani, Director, and Department of Haemato-oncology & Bone Marrow Transplantation, at Rajiv Gandhi Cancer Institute and Research Center, New Delhi. I was able to get the transplant done in January 2020. Today, I am completely cured," he said.

As per international guidelines, the identity of both the blood stem cell donor and recipient are kept anonymous for a period of two years and thereafter depending on their interest, they are introduced to each other.

L-R: Patrick Paul, CEO, DKMS-BMST Foundation India, Mandeep, (stem cell donor), Mandeep (blood cancer survivor), Dr Govind Eriat Nair, Consultant Hematology Hemato-Oncology and Bone Marrow Transplant, Gleneagles Global BGS Hospital, Bengaluru

> **I had always wondered about the well-being of the recipient. My wife is a cancer patient and I understand the agony of the family members**
>
> –Mandeep, the stem cell donor

Mandeep, the donor, said that it was truly wonderful to meet with Mandeep (blood cancer survivor). "After my stem cell donation in December 2019, I had always wondered about the well-being of the recipient, and finally today we get to meet. My wife is also a cancer patient, and I do understand the pain and agony of the family members," he said.

Patrick Paul, CEO, DKMS-BMST Foundation India, said, "It is always a very happy occasion for us when we introduce the cancer survivor with their lifesaver for the first time."

Dr Govind Eriat Nair, Consultant ,Hematology Hemato-Oncology and Bone Marrow Transplant Gleneagles Global BGS Hospital, Bengaluru, said that stem cell transplantation from a related or unrelated donor is a standard treatment for blood cancer and disorder patients.

HEALTH TIP: Smoking narrows the tiny blood vessels in the outermost layers of skin, which decreases blood flow and makes skin paler

Strong soaps and detergents can strip oil from your skin, so choose mild cleansers

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JUST BEET IT, OR NOT

Can beetroot really improve athletic performance?

Beetroot is gaining popularity as a performance-enhancer for athletes and those wanting to gain a competitive advantage in running and cycling.

Some people juice beetroot, some eat it, others mix up a drink from the powdered form. But will it make a noticeable difference on how quickly we run a race or cycle up a hill?

Small benefits for some

A large systematic review in 2020 included 80 clinical trials, in which the included studies had participants randomly assigned to consume beetroot juice or not. It found consuming beetroot juice provided performance benefits for athletes.

In sports where every second or centimetre counts, this can be a significant improvement. In a 16.1 kilometre cycling time trial the gains linked to beetroot consumption were equivalent to 48 seconds.

But when the authors analysed subgroups within these studies they found beetroot juice wasn't effective for women or elite athletes – though this could be because there were too few study participants in these groups to draw conclusions.

Another large systematic review in 2021 of 73 studies that looked at endurance athletes (who run, swim or cycle long distances) found similar results. Supplementation with beetroot (and other vegetables rich in nitrate) improved their time to exhaustion by an average of 25.3 seconds and the distance travelled by 163 metres.

This improvement was seen in recreational athletes, but not in elite athletes or sedentary people. This analysis didn't look specifically at women.

What is it about beetroot?

Beetroots are rich in nitrate and anthocyanins. Both provide health benefits but it's primarily the nitrates that give the performance benefits.

Once ingested, the nitrate is converted in the mouth by the local bacteria into nitrite. In the acidic conditions of the stomach, the nitrite is then converted to nitric oxide, which is absorbed into the bloodstream.

Nitric oxide dilates blood vessels, which delivers oxygen more quickly to the muscles, so energy can be burned to fuel the exercising muscles.

The result is that less energy is used for performance, which means it takes longer to tire.

How can I use beetroot juice?

The Australian Institute of Sport (AIS) has assessed beetroot and classified it as a Group A supplement. This means there is strong scientific evidence for use in specific situations in sport.

The AIS advises beetroot supplementation can be beneficial for exercise, training and competitive events that lasts for four to 30 minutes and in team sports with intermittent exercise.

For performance benefits, the AIS advises the beetroot product (be it juice, powder or food) should have between 350–600mg of inorganic nitrate in it. Check the label. There are several concentrated juices available on the market.

Beetroot contains about 250mg per 100g of nitrate, so you need to consume at least 200g of baked beetroot to get the same effect.

To give the nitrates time to be converted to nitric oxide and absorbed into your bloodstream, you need to consume the product 2–3 hours before training or competition. You may get added benefits drinking beetroot juice for several days leading up to training or competition.

However, don't use antibacterial products like mouthwashes, chewing gums or lollies. These will kill the bacteria in your mouth needed to convert the nitrate to nitrite.

Are there any downsides?

Your urine will turn red, and this will make it difficult to determine if you are dehydrated. Your poo may also turn red.

Some people may experience an upset stomach when consuming beetroot juice. So try drinking it while training to determine if you have any problems. You don't want to find this out on competition day.

What about nitrate from the rest of your diet?

While it's difficult to consume enough nitrate to boost your athletic performance directly from vegetables before an event, consuming five servings of vegetables a day will help keep the nitric oxide levels elevated in your blood.

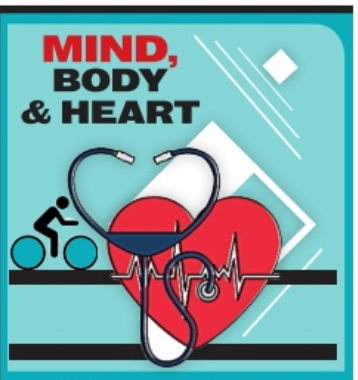
There isn't clear evidence about the effect of cooking and storage on nitrate levels, so it's probably best to eat them in the way you enjoy the most.

However, it's best to avoid cured meats with added nitrate. The additive is used to stop the growth of bacteria and adds flavour and colour, but the resulting sodium nitrite can increase the risk of cancer.

While beetroot may give you a small performance boost, don't forget to tailor the rest of your training as well.

—By Evangeline Mantzioris, University of South Australia (The Conversation)

> Some people may experience an upset stomach when consuming beetroot juice; try drinking it while training to determine if you have any problems



All problems solved

Dear Coleen

I've known this particular friend for more than 20 years. If I'm honest, she's always been competitive and prone to envy, but I guess when we were younger it didn't matter! Now, though, it's harder to brush off her behaviour and it's affecting my happiness.
She's single, although she does online dating and hooks up with guys now and again, but every time she's over at mine, she flirts with my husband and it's not subtle.
She also tries to advise me on how to raise my kids when she doesn't have any herself.
I suppose I've put up with her because we've known each other so long, but she's a really negative presence in my life.
Please advise.

COLEEN SAYS

Knowing someone a long time isn't a good enough reason on its own to keep them in your life if they're draining your energy and affecting your wellbeing. I think most of us have met someone like this.
Look, this woman is insecure and also envious of you and your life.
And I think she's far too woven into it. If you don't want to eliminate her completely, then maybe she ought to be someone you see occasionally for a drink or a coffee. Hopefully, that will make you put more effort into other more healthy friendships.
But if you are in a situation in the future where she puts you down, then stand up to her. Tell her when she's crossed the line.
The truth is, though, sometimes you have to cut people loose because their behaviour not only impacts your mental health, but has a damaging effect on other relationships – more important ones.
Don't feel guilty about it either. It's natural for friendships to change and for some to fizzle out completely as you move through life.

—Coleen Nolan, Daily Mirror

MIRRORLIGHTS

Banning straws could propagate 'eco-ableism'

Disposable straws enable many people to safely enjoy drinks without prior planning or assistance. Sustainable alternatives to plastic are available, but these options are often unsafe or unusable for consumers with complex medical needs.

Doing away with straws won't be a big deal for lots of people – but it will create new barriers to inclusion for people with disabilities. For some people, straws can reduce choking risk by encouraging a safer posture or controlling the flow of liquid.

By using a straw, many people with disabilities are able to avoid spills and drink without help or specialist equipment. Straws can also provide relief from mouth ulcers or injury, and can make medications or supplemental nutrition more palatable.

The strategies used by someone who has difficulty drinking are honed through careful trial and error. While some people have found success with sustainable straw designs, none of these currently match the usefulness or safety benefits of the single-use plastic straw. Finally, reusable straws require careful cleaning to avoid food-borne illness. This can make them a risky and impractical choice for people with restricted movement.

— Anderson and Darryl Sellwood (The Conversation)

Public burning of waste

CONTINUED FROM PAGE 1

were found burning. There was no one either to remove the plastic from the dry leaves heap which was set on fire or douse the fire.

"We do not have the facility for recycling dry leaves. I have tried to avail BBMP's help to handover these dry leaves and waste to the garbage auto tipper but in vain," said a Group D employee of the Government Veterinary Hospital.

A first division assistant of the Government Veterinary Hospital claimed that disposing of dry leaves has become a tough task for the workers assigned to keep the premises clean. "I am aware of the ban on burning waste at public places. There was a sanitary problem on the premises but no one bothered to fix it. Finally, we have to spend money to replace the broken sanitary pipes and put up covers on manholes," said the first division assistant.

The state government had issued a notification in September 2017 as per Section 19(5) of the Air (Prevention and Control of Pollution) Act, 1981, based on the proposal submitted by the Karnataka State Pollution Control Board (KSPCB), to ban burning of waste in public places.

Later, the BBMP had also proposed to penalise with a penalty of Rs 5 lakh violators responsible for burning waste in public places.

Meanwhile, a few pedestrians and auto rickshaw drivers objected to burning of dry leaves and waste on the Government Veterinary Hospital premises. "I want the BBMP or the Karnataka State Pollution Control Board (KSPCB) to act tough against the veterinary hospital staff for burning waste on the hospital premises. If a government department or hospital is not following the ban on burning waste, how can the authorities expect private institutions to follow the ban?" asks Vinod Kumar, a pedestrian.

Purushotham K, an auto rickshaw driver, said that he could not see the vehicles on the road because of the smoke emanating from the veterinary hospital premises. "The veterinary hospital has to make arrangements to dispose of dry leaves and waste as per the norms. I also want the veterinary department to initiate punitive action against those responsible for burning waste," said Purushotham.

NS Ramakant, an environmentalist, emphasised the need to take measures to prevent burning of waste at public places.

He said the BBMP has the power to penalise violators but never exercises the power.

"The situation will not improve unless the BBMP imposes a heavy penalty on those responsible for burning waste at public places. The civic body must find out the culprit and penalise the person/s for burning waste," said Ramakant.

However, deputy director at the veterinary hospital Dr Parameshwar said he would look into the matter. "I will direct the hospital staff to keep the hospital premises clean and take measures to dispose of dry leaves as per the norms," said Dr Parameshwar.

Toilets for specially abled

CONTINUED FROM PAGE 1

maintained. We have 300 plus pay and use public toilets which are in a good condition. It is not only important to make public spaces accessible for specially abled but also to provide them with good toilet facilities. As the locations to build these toilets have already been decided and tenders called, work will immediately start once the contractor is assigned," a BBMP official added.

Many citizens were delighted to hear about the project, however they stated that this should be taken up across all wards.

Prateek Khandelwal, founder of RampMyCity, who is also wheelchair bound said, "It is laudable if BBMP is setting up toilets for the specially abled. Currently there are no disabled friendly toilets available. Only a few are there at the malls. The focus should

not just be upon building one or two toilets but many. For every public toilet built, there should be one disabled friendly toilet. The focus should be on building them in large public spaces and making them easily accessible; for example near the parks, where people go more often."

According to Dr NS Senthil Kumar, CEO, The Association of People with Disabilities (APD), it is a great initiative by the BBMP. "This can be useful for pregnant women and elderly. BBMP should follow comprehensive guidelines... responding to the varying needs of the persons with disabilities," he said.

Some relief for Flipkart

The Income Tax department has assured the High Court of Karnataka that no coercive action will be taken against Flipkart India Private Ltd on the demand notices issued by the Assistant Commissioner of Income-Tax for Rs 1,100 crore. The company had filed two writ petitions challenging the demand notices issued on January 31, 2023 for the assessment years 2016-17 and 2018-19.

Justice BM Shyam Prasad, in his interim order on February 6, 2023 recorded the Department's assurance against coercive action till the next date of hearing on February 24.

"The submission on behalf of the respondent is that there cannot be any prohibition in law against issuance of notice, but during the appeal period, no coercive measure may be taken and as such, coercive measures will not be taken," the court recorded in its interim order. "This assurance shall be in force until the next date of hearing, and the office is directed to re-list this petition on 24.02.2023," the HC said. The Department had disallowed ESOP cross charges amounting to Rs 4,500 crore for 2016-17 and Rs 180 crore for 2018-19. It had upheld the addition of capitalising discount as marketing intangibles.–PTI

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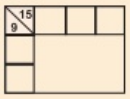
PARAS

SOLVE IT IN A MINUTE

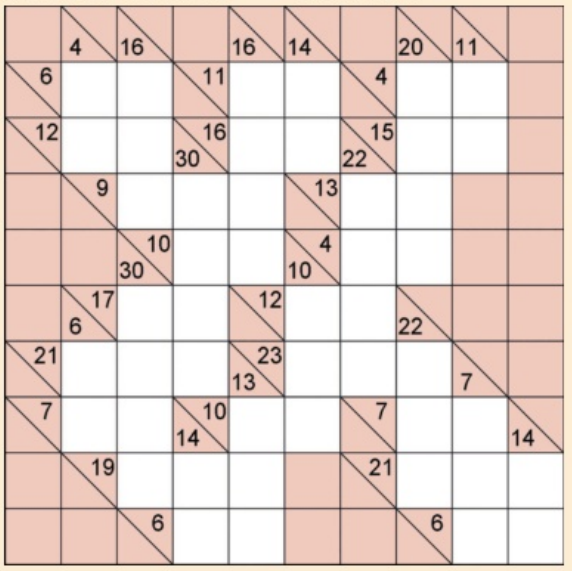
5 is subtracted from 4 times a numbers and the result doubled. If the answer is 6, what is the original number?

Kakuro

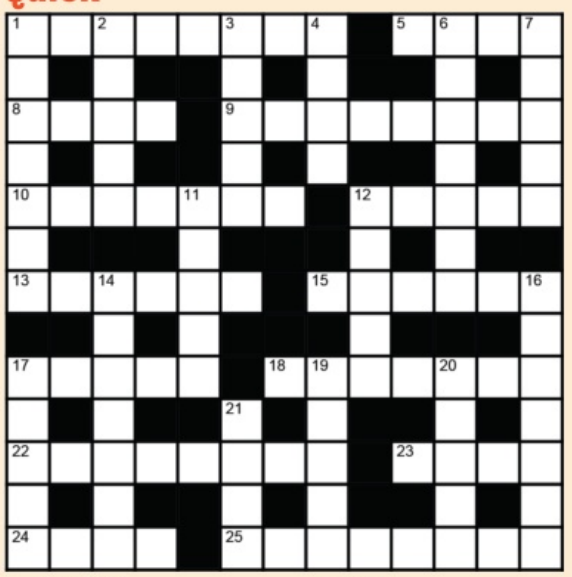
The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.



Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Business revenue (8)
5 A measure of area (4)
8 American cat (4)
9 Remnant (8)
10 Indian flat bread (7)
12 Portico (5)
13 Nabokov's nymphet (6)
15 Befitting or correct (6)
17 Sacred book (5)
18 Grass-cutting tools (7)
22 Questioning (8)
23 Airline to Tel Aviv (2,2)
24 Hurry (4)
25 Supplier of provisions (8)

DOWN

1 Representative (7)
2 Cuban dance (5)
3 South African expanse (5)
4 Musical phrase (4)
6 Conceal (5-2)
7 Home planet (5)
11 Former Kiwi batsman Nathan ___ (5)
12 Best way to deal with a thrust? (5)
14 Works hard (7)
16 Cattle thief (7)
17 Northernmost district of Karnataka (5)
19 Roll of tobacco leaves (5)
20 Christmas foliage (5)
21 A speech disorder (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: H EQUALS G

XFB XSCB XT GBJLSG XFB GTTD SV AFBU XFB VZU SV VFSUSUH

Linemaro

I freak when I lose my phone. So I can't imagine how I would be if I lost you

Mindchow

Don't walk as if you rule the world, walk as if you don't care who rules the world

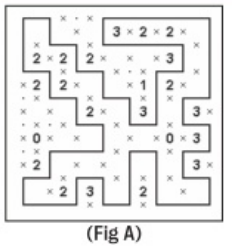
Joke of the day

The kids text me 'plz' because it is shorter than ' please'. I text back 'no' because it is shorter than 'yes'

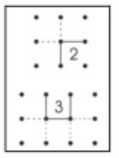
Loop

Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.



(Fig A)



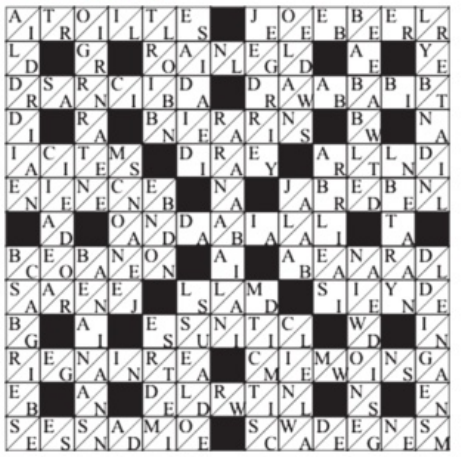
(Fig B) Not Allowed

How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

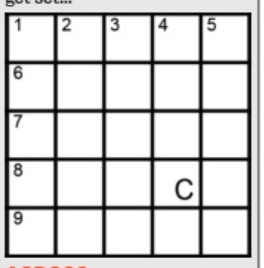
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

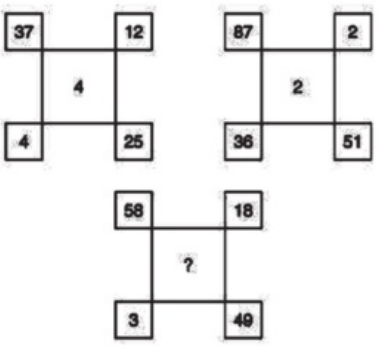
1 Ed set; 6 Pip Pa;
7 Those; 8 Orach;
9 Shy MU

DOWN

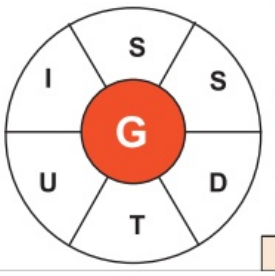
1 Perms; 2 A tout;
3 Shape; 4 Cop he;
5 I'd shy

Mensapuzzle

What number should replace the question mark?



Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

01 Average; 02 Good; 03 Outstanding

SudokuChallenge

		5					2	7
2	3				7		9	
	1			5				
9	4	7	8					6
		1				5		
3					6	7	1	8
				8			7	
	2		7				8	3
6	7					4		

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 20
2 2 4 5

Medium = 5
3 6 6 8

Hard = 5
3 7 8 3

Hocusfocus

Find at least six differences in details between panels.

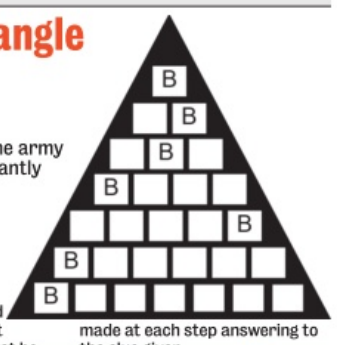
Differences: 1. Sleeve is shorter. 2. Window is wider. 3. Fork is longer. 4. Apron bow is missing. 5. Steak is missing. 6. Hat is reversed.

Riddler

What do you have that's harder than steel yet as brittle as glass? If you think the answer might be on the tip of your tongue, you've nearly got it

Alpha triangle

1 Second grade
2 Old boy, abbr
3 Knighthood abbr.
4 Foretell
5 Discharge from the army
6 Increased significantly
7 Boudoir



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

THAT FAT FELLOW WON'T BE HAVING ME FOR DINNER
WHY NOT?
JUST LISTEN...
MOO!
11-24
ON THE OTHER HAND, I MAY BE IN TROUBLE COME MILKING TIME

Bizarrotrip

Fans are complaining about a superhero movie the studio hasn't even thought about making.
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FRONTLASH
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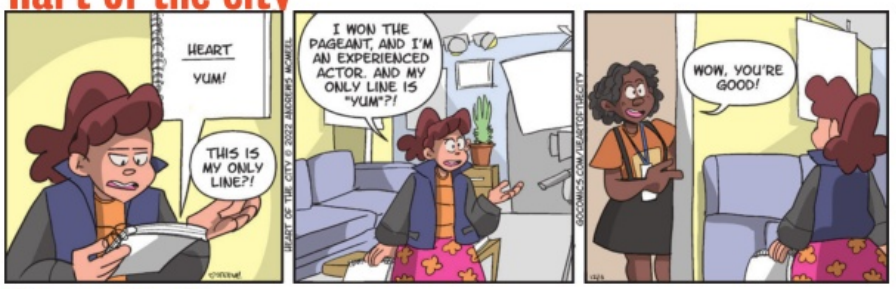
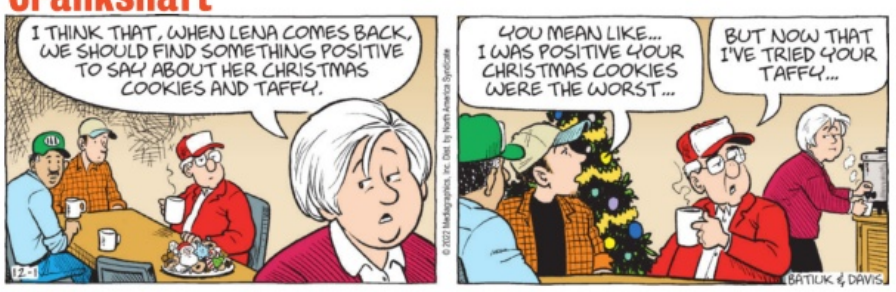
Diamond Lil

Hart of the city



Crankshaft


I THINK THAT, WHEN LENA COMES BACK, WE SHOULD FIND SOMETHING POSITIVE TO SAY ABOUT HER CHRISTMAS COOKIES AND TAFFY.
YOU MEAN LIKE... I WAS POSITIVE YOUR CHRISTMAS COOKIES WERE THE WORST...
BUT NOW THAT I'VE TRIED YOUR TAFFY...
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may feel dull and unhealthy. You may find yourself standing at a crossroads. It is advised to follow your intuition before making some important decisions. Drive safely and avoid adventure tours. You may criticise yourself and find it difficult to take some important decisions, which may be a reason for lack of self confidence in you. It may affect your social image around you.

Taurus Apr 21 – May 20
Today is important in terms of gains. You may get results with minimal effort. Your losses may convert into profits with the help of your intelligence. You may plan to get into academics. You may donate some money to charity or help needy people. Some investments in intellectual assets may be possible. Students may do well.

Gemini May 21 – Jun 21
Today your performance may be very good in terms of your profession. You may have full support of your boss or senior. You are likely to get new opportunities. You can also expect to get a new job. Job seekers may find suitable work. Singles may find love at their workplace.

Cancer Jun 22 – July 23
Today you may get some business orders which can be profitable in the near future. You may implement some new ideas in your work front. New partnerships may come into the ground. You may be busy on the work front and it can make you mentally tired. It affects your domestic life.

Leo Jul 24 – Aug 23
Today your destiny may be with you. You can manage things easily, which may boost your confidence. You may plan to visit a spiritual place. You are likely to donate some amount to charity. You may expect a short business trip. Help from elders may give you peace of mind. Lovebirds may get some help from family members in terms of marriage.

Virgo Aug 24 – Sep 23
Today you may feel dull and may have some minor health-related issues. This may affect your daily routine. You may explore and analyse yourself to figure out your negativities. You may feel alone while sitting in a crowd and your focus may be lost. In the late evening, with the help of elders, you may overcome this messy situation.

Libra Sep 24 – Oct 22
Today you will perform well at your job. Your colleagues may cooperate with you. Your performance at work may be good and you may be able to complete your postponed projects on time. You may lend money for investment purposes. Job seekers may find a new job. Old health issues may go away.

Scorpio Oct 23 – Nov 22
Today situations are okay and people around you may now respond to you. You are advised not to take a life as a burden. You should try to sustain yourself in unavoidable situations. You may face some difficulties with easy gains. Somehow blessings from elders may help you come out of this situation. Your confusion with regard to choosing targets may now be clear.

Sagittarius Nov 23 – Dec 22
Today your tasks may remain incomplete. You may be a victim of mood swings. Your patience may be tested many times and silly mistakes can leave you confused. Lovebirds find themselves confused in terms of feelings. More expectations may affect your emotional attachment with your spouse. You are advised to take care of your parents. Students may lose their concentration.

Capricorn Dec 23 – Jan 20
Today, with the help of your subordinate staff, you may be able to complete postponed projects. Your network may be boosted now, which may help your work or social life. You may plan to go for outings with your friends or siblings. Some disputes with your neighbours may be resolved now. Students are advised to overcome their laziness and carelessness.

Aquarius Jan 21 – Feb 19
Today you may spend money on your family. It may affect your financial health. You are advised to avoid spending money on worthless things. You must think twice before acting. It is advised to control your straightforwardness to maintain harmony in your domestic and professional life.

Pisces Feb 20 – Mar 20
Today is a good day for you. You may have a positive environment around you after hearing some good news from your siblings. Job seekers may find a good job. Spiritual energy may help you take the right decision. Your focus towards your goals will be clear now. Students may have good focus on their studies.

KIDZONE

Arya Anil Kumar, 9 Years, SSB International School

Ashwath Kirthik, 11 Years, Kendriya Vidyalaya

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SOLUTIONS

SOLVE IN 1M
(4X-5)(2)=6
8X-10=6
8X=6+10=16
X=16/8=2

BULL'S EYE DISGUST, gist, gust

RIDDLER Enamel

QUOTE UNCODE
The time to repair the roof is when the sun is shining.

FAST FIVE

S	T	E	E	D
P	A	P	P	I
E	T	H	O	S
R	O	A	C	H
M	U	S	H	Y

STRIKE OUT

S	E	S	A	M	E	■	C	A	D	G	E	S	■	■
E	■	A	■	E	D	W	I	N	■	N	■	N	■	■
I	G	N	I	T	E	■	M	E	W	I	N	G	■	■
B	■	A	■	S	U	N	I	L	■	D	■	I	■	■
A	R	N	E	■	S	A	M	■	S	I	N	E	■	■
B	E	A	N	O	■	I	■	B	E	A	R	D	■	■
■	D	■	O	D	D	B	A	L	L	■	A	■	■	■
N	I	E	C	E	■	A	■	A	R	E	E	L	■	■
A	C	T	S	■	D	R	Y	■	A	L	L	I	■	■
I	■	A	■	N	E	A	R	S	■	B	■	A	■	■
R	A	N	C	I	D	■	R	A	B	B	I	T	■	■
D	R	■	O	I	L	E	D	■	A	■	E	■	■	■
E	■	A	■	E	D	W	I	N	■	N	■	N	■	■
I	G	N	I	T	E	■	M	E	W	I	N	G	■	■
B	■	A	■	S	U	N	I	L	■	D	■	I	■	■
A	R	N	E	■	S	A	M	■	S	I	N	E	■	■
B	E	A	N	O	■	I	■	B	E	A	R	D	■	■
■	D	■	O	D	D	B	A	L	L	■	A	■	■	■
N	I	E	C	E	■	A	■	A	R	E	E	L	■	■
A	C	T	S	■	D	R	Y	■	A	L	L	I	■	■
I	■	A	■	N	E	A	R	S	■	B	■	A	■	■
R	A	N	C	I	D	■	R	A	B	B	I	T	■	■
D	R	■	O	I	L	E	D	■	A	■	E	■	■	■

QUICK

T	U	R	N	O	V	E	R	■	A	C	R	E	■	■
Y	■	U	■	E	■	I	■	O	■	A	■	■	■	■
P	U	M	A	■	L	E	F	T	O	V	E	R	■	■
I	■	B	■	D	■	F	■	E	■	T	■	■	■	■
C	H	A	M	P	A	T	I	■	P	O	R	C	H	■
A	■	S	■	■	A	■	■	U	■	■	■	■	■	■
L	O	L	I	T	A	■	P	R	O	P	E	R	■	■
■	■	A	■	■	R	■	■	U	■	■	■	■	■	■
B	I	B	L	E	■	S	C	Y	T	H	E	S	■	■
I	■	O	■	L	■	I	■	O	■	T	■	■	■	■
B	E	A	N	O	■	I	■	B	E	A	R	D	■	■
A	R	N	E	■	S	A	M	■	S	I	N	E	■	■
B	A	■	S	U	N	I	L	■	D	■	I	■	■	■
I	G	N	I	T	E	■	M	E	W	I	N	G	■	■
E	■	A	■	E	D	W	I	N	■	N	■	N	■	■
R	O	A	C	H	■	O	■	A	■	E	■	■	■	■
M	U	S	H	Y	■	L	■	I	■	D	■	■	■	■

MENSA PUZZLE
6: 58 – 49 = 9 3 × 18 =
54 54 ÷ 9 = 6

SUDOKU

4	8	5	6	3	9	1	2	7
2	3	6	1	4	7	8	9	5
7	1	9	2	5	8	3	6	4
9	4	7	8	1	5	2	3	6
8	6	1	3	7	2	5	4	9
3	5	2	4	9	6	7	1	8
1	9	3	5	8	4	6	7	2
5	2	4	7	6	1	9	8	3
6	7	8	9	2	3	4	5	1

ALPHA TRIANGLE
B, OB, OBE, bode, Demob, boomed, Bedroom.

GO FIGURE
Easy
5 × 4 – 2 + 2 = 20
Medium
8 × 3 + 6 / 6 = 5
Hard
3 – 8 + 7 + 3 = 5

LOOP

KAKURO

Volume No 15, Issue No 165 RNI NO:KARENG/2007/21142 Published for the Proprietors, Metropolitan Media Company Ltd by R.J. Prakashan at No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018 and printed by him at Fourth Estate Ltd, No. 9/10/11-A, 4th Main, Bommasandra Industrial Area, Hosur Road, Bengaluru 560099 (Phones : Press : 080-22899999; Editorial : 080-40877666, Fax – 40877545, Registered Office: No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamarajpet, Bengaluru 560 018. Email : mybangaloremirror@timesgroup.com Editor : Ms. Seena Menon – responsible for selection of news under PRB Act. © Reproduction in whole or in part without the written permission of the Publisher is prohibited.

The iconic swimsuit — Actress Pamela Anderson has admitted she still has the iconic red swimsuit she wore on the hit TV show Baywatch. The 55-year-old former glamour model revealed the outfit still fits and said she slips into it "every once in a while"

KEEP CALM!

Fans excited to keep track of Sara, Kartik story

Sara Ali Khan and Kartik Aaryan were captured together by the paparazzi's camera lenses earlier on Thursday and since then fans have been finding it difficult to keep calm!

Sara and Kartik's photos have gone viral on social media platforms. We found a few on Twitter (via their fan pages), check them out:

Back when Sara and Kartik were working together on Imtiyaz Ali's 'Love Aaj Kal', they both were rumoured to be dating. The two, however, reportedly parted ways after a while.

According to reports, they both were snapped together in Udaipur.

Well, the news has surely excited the fans who are now hoping for the two to get back together.

Meanwhile, on the work front, Kartik is preparing for the release of his upcoming film 'Shehzada'.

Helmed by Rohit Dhawan, 'Shehzada' also stars Kriti Sanon, Manisha Koirala, Paresh Rawal, Ronit Roy, and Sachin Khedekar in the lead roles. The film is all set to hit the theatres on February 17, 2023.

Apart from this, he also has director Kabir Khan's next untitled film, Hansal Mehta's next 'Captain India' and a romantic musical 'Satyaprem Ki Katha', which marks his second collaboration with Kiara Advani after the blockbuster hit 'Bhool Bhulaiyaa 2'.

Sara, on the other hand, will be next seen in director Laxman Utekar's next untitled romantic drama film alongside actor Vicky Kaushal.

She also has 'Gaslight' with Vikrant Massey and Chitrangada Singh, and Karan Johar's next 'Ae Watan Mere Watan'.

—ANI

Of youthful meanderings

Long Drive

3 RATING ★★★☆☆

- **DIRECTOR** Sri Raju G
- **ACTORS** Zaid Khan, Sonal Monteiro, Sujay Shastry, Devaraj, Achyuth Kumar, Barkath Ali
- **Duration** 110 minutes
- **Certification** U/A

Long Drive is a must watch for youngsters, especially single ones, who have a vision for their future. The movie in the serene locales of Mysuru where Arjun alias Ajju (Arjun Yogesh Raj), an engineering graduate, is on his way to a hospital where his girlfriend Janaki aka Jaanu (Supritha Sathyanarayan) is a doctor. Jaanu asks Ajju to take her on a long drive. When Jaanu's mother calls her to ask if she is coming home after her duty hours (day shift) Jaanu lies to her mother that she has to continue night duty too as a doctor is on leave.

While on the drive, Ajju stops the vehicle to buy cigarettes from a roadside shop. They then relax on a stone bench and get intimate. Mani (Shabari Manju), a miscreant, captures this act on his mobile phone. Ajju pleads with Mani not to harass them. He also transfers Rs 1 lakh to Mani's bank account but in vain. Finally he comes to know that Mani had not really captured anything on his phone.

What happens to the lovers is what the story is all about.

As far as the performance of actors is concerned, Arjun, as an innocent engineering graduate during the pre-intermission and as an angry young man in the post-intermission, has acted well. He has the potential to get better if he pursues this with dedication. His performance, especially in the scenes where he pleads with the villain, will make the audiences feel for him.

Supritha looks beautiful and has acted well; particularly in a scene where she alights from the car and makes a caustic remark to Arjun.

While Shabari Manju is convincing as a villain, Tejaswini Shekar, as a gullible woman, has also done a good job. Bala Rajwadi and Mahesh Guru provide good support.

Though director Sri Raju G deserves appreciation for selecting a good subject, he should have ensured that the screenplay is crisper in the pre-intermission session.

All in all, it is a cautionary tale worth a watch.

—Y Maheswara Reddy

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